

## Children's Occupational Therapy

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Children and Young People's Centre  
for Development and Disability

8th January 2013

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### Re: Breina Bard

Breina has been volunteering at the Motor Skills group for 3 hours a week over a 2 month period. The groups have been run by a qualified occupational therapist and focus on developing motor skills, strength and coordination; as well as addressing children's functional goals in specific areas such as handwriting, cutting and cutlery skills.

Breina is extremely diligent and is always proactive in supporting the smooth running of the sessions. She is a very calm and friendly person, a quality which shines through when working with these young children. She is able to facilitate the group when necessary and assist those children who need more focused one to one support for specific tasks.

She has gained a good grasp on the underlying purpose of each activity and how those can be graded; she has been able to give suggestions on how to adapt each activity and how the groups can be run most effectively, it has been a pleasure working with Breina.

Thank you Breina for all your hard work.

**Cherry Fitzsimmons**

**Senior Children's Occupational Therapist**