



Report and financial statements

For the year ended 30 September

2016

Sonshine Club

	Contents	Page
Legal and Administrative Information		1
Report of The Trustees		2 to 5
Statement Of Financial Activities		6
Balance Sheet		7
Notes forming part of the financial statements		8 to 10
Accountants Report		11

Sonshine Club

Trustees

Dr. Moses Lewis
Mrs. Sarah Bard
Mr. Salo Heimann
Ms Pearl Weinberg
Mrs. Rachel Gruber

Administration Address

Mrs. Rachel Gruber
9 Watermint Quay
Craven Walk
London
N16 6DN

Charity Number 1124803

Accountants

Carl Rosen ACCA
50 Craven Park Road
South Tottenham
London N15 6AB

Sonshine Club

Reports of Trustees

With the generous support of our dedicated funders, we were able to continue running our ever popular activities to meet the needs of our service users.

Gardening project

This has been another successful year for the Gardening Club. Each week approximately 90 young people have been hard at work planting and growing their own vegetables and enjoying the healthy exercise involved in tending to the plot in the beautiful surroundings of Springfield Park, Hackney.

Participants once again grew a wide range of herbs and vegetables and learnt about living an eco-friendly lifestyle.

We've also enjoyed taking part in learning activities using some of the beautiful natural features of the park to enhance the young people's environmental awareness.

This project continues to run as an inter-generational project where elderly community members look forward to their volunteering role and leading the sessions for the young people. Bridges have been built and relationships have developed between the young and the old. The success of this project has enabled the older volunteers to become more communally active, which has helped to prevent them from social isolation. Young and old continue to benefit from this innovative initiative.

We now embark on a new phase for the gardening club. With the kind support of City Bridge Trust, in 2016 we purchased a greenhouse so that the benefits of the summer activities continue throughout the winter season.

Motors Skills Groups

We continue to be the only providers of a bespoke Motor Skill groups for children with gross and fine motor developmental delay. These groups, which are run by professionals, provide specialist input and are structured in a way that the children are eventually able to move on and join mainstream sport activities. The success of this project has proven itself repeatedly and we have had some great case studies which portray the impact that these groups make on participants.

Sonshine Club

Reports of Trustees

The model of service delivery has now been rolled out across the borough and different communities have now duplicated this service thus maximising the potential of children all over the borough with various additional needs.

Young people volunteering for this project gain work and leadership experience.

We continue to form contracts with therapists from the National Health Service, thereby creating an important partnership.

Happy to B Active

The Sonshine Club tries to tackle the barriers highlighted by the Medical Research Council and the Department of Health through a range of initiatives aimed at families with young children. It acknowledges that while there is a high level of awareness of the importance of good diet and physical activity, some parents need additional support to transfer awareness into action. The initiatives - keep fit and yoga classes - are designed to give parents the support and tools they need to recognise when they or their children are overweight and to tackle the problem. The Happy 2B active initiative is about providing support when and where it is required, and in a way that people will willingly respond to. This includes offering activities that involves parents, in order to offer a holistic family approach to healthy lifestyles.

Young Voices Heard

We are extremely pleased to announce that in 2015 we recruited two capable young people for our volunteers' management team. This move has resulted in a greater understanding for the needs of the communities' young service users. Our new recruits have already proven to add new elements to the projects.

We are delighted that in January 2017, we achieved a Bronze London Youth Quality Mark, a City & Guilds accredited scheme, which aims to develop the skills of people and organisations for their personal and economic growth. It shows our members how much we care about them and that we offer really effective packages to help meet their needs.

Sonshine Club

Reports of Trustees

Future Plans

We will continue with our vision of offering high quality health and well-being projects for the community whilst acting on users' feedback and keeping past successful projects going.

All participants benefited from the range of recreational activities with their peers in a stimulating and interactive group environment.

We would like to offer our heartfelt thanks to the Trustees and their families for giving away countless hours on behalf of the public, all on a voluntary basis. The Sonshine club would be unable to continue their work without their tremendous input.

We remain extremely grateful to all our loyal funders and supporters who appreciate our potential and graciously support us.

Sonshine Club
Report of The Trustees

Reserves Policy

The Trustees aim to maintain unrestricted funds, which are the free reserves of the Charity at a level of at least three months running costs.

Risk Assessment

The Charity has identified and assessed the major risks to which it is exposed, in particular those of safety and protection of the vulnerable young adults whilst in the Charity's care as well as the finances of the Charity. The Charity is satisfied that systems are in place and routinely assessed including procedures for Child Protection, Health and Safety, Vulnerable Adults Policy and Financial Management and Controls.

Responsibilities of the Trustees

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet, date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the Trustees should follow best practice and:

- a) Select suitable accounting policies and the apply them consistently.
- b) Make judgements and estimates that are reasonable and prudent.
- c) Follow applicable accounting standards and the Charities SORP 2015, disclosing and explaining any departures in the financial statements.
- d) Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

One of our trustees, Mrs Weissberger, has resigned from her position. We would like to thank her for all her efforts that she has invested in our organisation, and we wish her the best of luck for the future. She has been replaced by Miss Pearl Weinberg who will be representing the young people.

Board Of Trustees

The members of the Board Of Trustees are set out on Page 1.

Approved by The Trustees of on 7 July 2017 and signed on behalf of them all.

Trustee
Mrs. Sarah Bard

Sonshine Club

Statement Of Financial Activities

For The Year Ended 30 September 2016

	Notes	Unrestricted Funds £	Restricted Funds £	2016 Total Funds £	2015 Total Funds £
INCOMING RESOURCES					
Activities to further the Charity's Objects	2	5,813	38,260	44,073	50,478
Interest Income		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Total Incoming Resources		<u>5,813</u>	<u>38,260</u>	<u>44,073</u>	<u>50,478</u>
Total Incoming Resources		5,813	38,260	44,073	50,478
RESOURCES EXPENDED					
Cost of Generating Funds		<u>300</u>	<u>0</u>	<u>300</u>	<u>200</u>
Net Incoming Resources Available For Charitable Application		5,513	38,260	43,773	50,278
Cost of Activities In Furtherance of the Charity's Objects	3	0	36,911	36,911	48,138
Governance Costs	5	<u>280</u>	<u>0</u>	<u>280</u>	<u>780</u>
Total Charitable Expenditure		280	36,911	37,191	48,918
Total Resources Expended	3	<u>580</u>	<u>36,911</u>	<u>37,491</u>	<u>49,118</u>
Net Movement In Funds		5,233	1,349	6,582	1,360
Transfer To / (From) Reserves		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Net Reserves for the Year		<u>5,233</u>	<u>1,349</u>	<u>6,582</u>	<u>1,360</u>
Total Funds Brought Forward		4,182	26,074	30,256	28,896
Total Funds Carried Forward	11	<u>£ 9,415</u>	<u>£ 27,423</u>	<u>£ 36,838</u>	<u>£ 30,256</u>

Sonshine Club

Balance Sheet at 30 September 2016

	Notes	2016 £	2015 £
Fixed Assets			
Tangible Assets	7	<u>279</u>	<u>354</u>
		279	354
Current Assets			
Cash at Bank and in Hand		<u>36,839</u>	<u>30,182</u>
		36,839	30,182
Creditors : Amounts falling due within one year	9	<u>(280)</u>	<u>(280)</u>
Net Current Assets		<u>36,559</u>	<u>29,902</u>
Total Assets less Current Liabilities		<u>36,838</u>	<u>30,256</u>
Net Assets	10	<u>£ 36,838</u>	<u>£ 30,256</u>
Restricted Funds	11	27,423	26,074
Unrestricted Funds	12	<u>9,415</u>	<u>4,182</u>
Total Funds		<u>£ 36,838</u>	<u>£ 30,256</u>

Approved by the Trustees on 7 July 2017, and signed on behalf of them all.

Mrs. Sarah Bard
Trustee

The notes on pages 6 to 8 form part of these accounts.

Sonshine Club

Notes To The Accounts - 30 September 2016

1) Principal Accounting Policies

Basis of Accounting

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102, and follow the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (effective from April 2015).

Cash Flow

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

Donations and Fund Accounting

Donations received for the general and main purposes of the Charity is included as unrestricted funds in the Statement of Financial Activities when receivable.
Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the Trustees.

Tangible Fixed Assets

Depreciation is provided after taking into account of any grants receivable at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and Fitting	25% on net book value
Durable Tools	25% on net book value
Durable Equipment	25% on net book value

Resources Expended

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted Funds £	Restricted Funds £	Total 2016 £	2015 £
2) Incoming Funds				
Childrens Contribution	3,613		3,613	1,464
Awards 4 All		9,864	9,864	0
BBC Children In Need		0	0	4,388
City Bridge Trust		12,900	12,900	9,900
Sport England /Community Sport Activation Fund		8,114	8,114	11,855
Freesport Fund GLA		0	0	1,500
Get Hackney Healthy		810	810	3,240
London Youth / Sportivate		0	0	1,900
The Panton Trust		1,000	1,000	1,000
The Shores Charitable Trust		0	0	3,000
Yad Voezer	2,200		2,200	0
Young Hackney		4,485	4,485	8,970
Youth Opportunity Fund		<u>1,087</u>	<u>1,087</u>	<u>3,261</u>
	<u>5,813</u>	<u>38,260</u>	<u>44,073</u>	<u>50,478</u>
	<u>£ 5,813</u>	<u>£ 38,260</u>	<u>£ 44,073</u>	<u>£ 50,478</u>

Sonshine Club

Notes To The Accounts - 30 September 2016

	Unrestricted Funds	Restricted Funds	Total 2016 £	Total 2015 £
3) Analysis of Total Resources Expended				
Charitable Activities				
Cost of Activities In Furtherance of the Charity's Objects		<u>correct</u>		
Charitable Activities				
Activity Cost		3,229	3,229	4,710
Administration		2,100	2,100	2,334
Advertising and Publicity		2,025	2,025	2,157
Consultancy		1,091	1,091	1,642
Depreciation		75	75	95
Equipment		1,898	1,898	2,958
Insurance		245	245	237
Material		4,149	4,149	6,803
Premises Hire		6,310	6,310	7,348
Printing, Postage and Stationery		1,481	1,481	1,358
Refreshment		1,985	1,985	1,624
Staff Costs		4,669	4,669	6,000
Telephone		1,800	1,800	1,043
Training		1,225	1,225	1,993
Transport		2,457	2,457	2,450
Volunteer Expenses		2,172	2,172	3,250
Website		<u>0</u>	<u>0</u>	<u>2,136</u>
Total Charitable Activities	0	36,911	36,911	48,138
Total Cost of Activities In Furtherance of the Charity's Objects	<u>£ 0</u>	<u>£ 36,911</u>	<u>£ 36,911</u>	<u>£ 48,138</u>
4) Cost of Generating Funds			<u>£ 300</u>	<u>£ 200</u>
5) Governance Costs				
Accountancy	280		280	280
Legal	<u>0</u>		<u>0</u>	<u>500</u>
	<u>£ 280</u>	<u>£ 0</u>	<u>£ 280</u>	<u>£ 780</u>
6) Taxation				

The Charity is exempt from taxation on its charitable activities.

Sonshine Club
Notes To The Accounts - 30 September 2016

8) The average number of Employees during the year, on a full time equivalent basis was 2016 1 2015 1

No Employee was paid above £60,000 per year.

7) Tangible Fixed Assets

	Fixtures and Fittings £	Durable Tools £	Durable Equipment £	Total £
Cost or valuation				
At 30 September 2015	689	963	543	2,195
Additions	0	0		0
Disposals	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
At 30 September 2016	689	963	<u>543</u>	2,195
Depreciation				
At 30 September 2015	658	684	499	1,841
Charge for the year	<u>8</u>	<u>56</u>	<u>11</u>	<u>75</u>
At 30 September 2016	<u>666</u>	<u>740</u>	<u>510</u>	1,916
Valuation				
30 September 2016	<u>£ 23</u>	<u>£ 223</u>	<u>£ 33</u>	<u>£ 279</u>
30 September 2015	<u>£ 31</u>	<u>£ 279</u>	<u>£ 44</u>	<u>£ 354</u>

9) Creditors: Amounts falling due within one year

	2016 £	2015 £
Accruals	<u>280</u>	<u>280</u>
	<u>£ 280</u>	<u>£ 280</u>

10) Creditors: Amounts falling due after more than one year

	2016 £	2015 £
Bank Loans and Overdrafts	<u>0</u>	<u>0</u>
Debt due after more than one year	<u>£ 0</u>	<u>£ 0</u>

10) Net Assets of The Charity's Funds

	Fixed Assets £	Net Current Assets £	Long Term Liabilities £	Fund Balances £
Unrestricted Funds	<u>0</u>	<u>9,136</u>	<u>0</u>	<u>9,136</u>
Total Funds	<u>£ 279</u>	<u>£ 36,559</u>	<u>£ 0</u>	<u>£ 36,838</u>

11) Restricted Funds : Movements In The Year

Balance at 30 September 2015	Income £	Expended £	Transfer To /(From) Reserves	Balance at 30 September 2016 £
<u>26,074</u>	<u>38,260</u>	<u>36,911</u>	<u>0</u>	<u>27,423</u>
Total Funds	<u>£ 26,074</u>	<u>£ 38,260</u>	<u>£ 0</u>	<u>£ 27,423</u>

12) Unrestricted Funds : Movements In The Year

Balance at 30 September 2015	Income £	Expended £	Transfer To /(From) Reserves	Balance at 30 September 2016 £
<u>4,182</u>	<u>5,813</u>	<u>580</u>	<u>0</u>	<u>9,415</u>
Total Funds	<u>£ 4,182</u>	<u>£ 5,813</u>	<u>£ 0</u>	<u>£ 9,415</u>

**Accountants Report to the Trustees on the Unaudited Accounts of the Charity
Sonshine Club
For the Year Ended 30 September 2016**

We report on the financial statements of Sonshine Club for the Year Ended 30 September 2016 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

Respective Responsibilities Of Trustees and Reporting Accountants

As described on page 3, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

Basis of Accountant's Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

These procedures provide only the assurance expressed in our opinion.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Opinion

In our opinion, no matter has come to our attention,

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements
 - a) to keep accounting records in accordance with section 130 of the Act; and
 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 7 July 2017

Reporting Accountant

Carl Rosen ACCA
50 Craven Park Road
South Tottenham
London N15 6AB