



# Report and financial statements

For the year ended 30 September

**2015**

## Sonshine Club

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## **Sonshine Club**

### **Trustees**

Dr. Moses Lewis  
Mrs. Sarah Bard  
Mr. Salo Heimann  
Mrs. Minka Weissberger  
Mrs. Rachel Gruber

### **Administration Address**

Mrs. Rachel Gruber  
9 Watermint Quay  
Craven Walk  
London  
N16 6DN

**Charity Number 1124803**

### **Accountants**

Carl Rosen ACCA  
50 Craven Park Road  
South Tottenham  
London N15 6AB

**Sonshine Club**  
**Reports of Trustees**

With the generous support of our dedicated funders, we were able to continue running our ever popular activities to meet the needs of our service users.

Gardening project

This has been another successful year for the Gardening Club. Each week approximately 90 young people have been hard at work planting and growing their own vegetables and enjoying the healthy exercise involved in tending to the plot in the beautiful surroundings of Springfield Park, Hackney.

Participants once again grew a wide range of herbs and vegetables and learnt about living an eco-friendly lifestyle.

We've also enjoyed taking part in learning activities using some of the beautiful natural features of the park to enhance the young people's environmental awareness.

This project continues to run as an inter-generational project where elderly community members look forward to their volunteering role and lead the sessions for the young people. Bridges have been built and relationships have developed between the young and the old. The success of this project has enabled the older volunteers to become more communally active, which has helped to prevent them from social isolation and boredom. Young and old continue to benefit from this innovative initiative.

We now embark on a new phase for the gardening club. With the kind support of City Bridge Trust in 2016 we aim to invest in a greenhouse so that the health benefits of the summer activities continue throughout the winter season too.

Motors Skills Groups

We continue to be the only providers of a bespoke Motor Skill groups for children with gross and fine motor developmental delay. These groups, which are run by professionals, provide specialist input and are structured in a way that the children are eventually able to move on and join mainstream sport activities. The success of this project has proven itself repeatedly and we have had some great case studies which portray the impact that these groups make on participants.

The model of service delivery has now been rolled out across the borough and different communities have now duplicated this service thus maximising the potential of children with various additional needs.

Young people volunteer on this project and gain work and leadership experience.

We continue to contract therapists from the National Health Service, thereby creating an important partnership.

Happy to B Active

The Sonshine Club tries to tackle the barriers highlighted by the Medical Research Council and the Department of Health through a range of initiatives aimed at families with young children. It acknowledges that while there is a high level of awareness of the importance of good diet and physical activity, some parents need additional support to transfer awareness into action. The initiatives, keep fit and yoga classes, are designed to give parents the support and tools they need to recognise when they or their children are overweight and to tackle the problem.

The Happy 2B active initiative is about providing support when and where it's required and in a way that people will respond to, and this includes offering activities to include parents in order to offer a family approach to healthy lifestyles.

**Sonshine Club**  
**Reports of Trustees**

Young Voices Heard

We are extremely pleased to announce that in 2015 we have recruited two capable young people to our volunteers' management team. This move has resulted in a greater understanding and action to the needs of the communities' young service users. They have already proven to add new elements to the projects and also begun working on a quality mark with London Youth. This important step will help maximise the potential of the Sonshine Club and we look forward to keeping you updated.

Website

In 2015 we finally fulfilled one of our essential dreams by designing a website. The website [www.sonshineclub.org.uk](http://www.sonshineclub.org.uk) is an important key in raising awareness of our work and helping those who are looking for us find us.

Future Plans

We will continue with our vision of offering high quality health and well-being projects for the community whilst listening to users' feedback and keeping past successful projects sustainable. A significant factor in the charity's success to date is its steadfast ambition and ability to integrate a diverse spectrum of children and families, from 'mainstream' children, to those with a wide variety of special educational or social needs into its activities.

The SONshine club is unique in its approach to providing both a fun and educational component to all of its groups, seeking the help of specialists e.g. chartered physiotherapists, specialist teachers, where it is felt this could enhance the service.

The SONshine club is dedicated to developing further groups where a need is identified, to continue to assist in the improvement of the health and quality of life of the Orthodox Jewish population of Stamford Hill, thus reducing the impact on mainstream social and healthcare services.

All participants benefited from the range of recreational activities with their peers in a stimulating and interactive group environment.

We would like to bestow our heartfelt thanks to the Trustees and their families for giving away countless hours for the benefit of the public, all on a voluntary basis. The SONshine club would not be able to continue their work without their tremendous input.

We remain incredibly grateful to all our loyal funders and supporters who appreciate our potential and graciously support us.

**Sonshine Club**  
**Report of The Trustees**

**Reserves Policy**

The Trustees aim to maintain unrestricted funds, which are the free reserves of the Charity at a level of at least three months running costs.

**Risk Assessment**

The Charity has identified and assessed the major risks to which it is exposed, in particular those of safety and protection of the vulnerable young adults whilst in the Charity's care as well as the finances of the Charity. The Charity is satisfied that systems are in place and routinely assessed including procedures for Child Protection, Health and Safety, Vulnerable Adults Policy and Financial Management and Controls.

**Responsibilities of the Trustees**

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet, date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the Trustees should follow best practice and:

- a) Select suitable accounting policies and the apply them consistently.
- b) Make judgements and estimates that are reasonable and prudent.
- c) Follow applicable accounting standards and the Charities SORP October 2005, updated May 2008 disclosing and explaining any departures in the financial statements.
- d) Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

**Board Of Trustees**

The members of the Board Of Trustees are set out on Page 1.

Approved by The Trustees of on 23 December 2015 and signed on behalf of them all.

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Trustee

Mrs. Sarah Bard

## Sonshine Club

### Statement Of Financial Activities

For The Year Ended 30 September 2015

	Notes	Unrestricted Funds £	Restricted Funds £	2015 Total Funds £	2014 Total Funds £
<b>INCOMING RESOURCES</b>					
Activities to further the Charity's Objects	2	1,464	49,014	50,478	37,443
Interest Income		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Total Incoming Resources</b>		<u>1,464</u>	<u>49,014</u>	<u>50,478</u>	<u>37,443</u>
<b>Total Incoming Resources</b>		<b>1,464</b>	<b>49,014</b>	<b>50,478</b>	<b>37,443</b>
<b>RESOURCES EXPENDED</b>					
Cost of Generating Funds		<u>200</u>	<u>0</u>	<u>200</u>	<u>200</u>
<b>Net Incoming Resources Available For Charitable Application</b>		<b>1,264</b>	<b>49,014</b>	<b>50,278</b>	<b>37,243</b>
Cost of Activities In Furtherance of the Charity's Objects	3	0	48,138	48,138	35,376
Governance Costs	5	<u>780</u>	<u>0</u>	<u>780</u>	<u>350</u>
<b>Total Charitable Expenditure</b>		<b>780</b>	<b>48,138</b>	<b>48,918</b>	<b>35,726</b>
<b>Total Resources Expended</b>	3	<u><b>980</b></u>	<u><b>48,138</b></u>	<u><b>49,118</b></u>	<u><b>35,926</b></u>
<b>Net Movement In Funds</b>		<b>484</b>	<b>876</b>	<b>1,360</b>	<b>1,517</b>
Transfer To / (From) Reserves		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Net Reserves for the Year</b>		<u><b>484</b></u>	<u><b>876</b></u>	<u><b>1,360</b></u>	<u><b>1,517</b></u>
<b>Total Funds Brought Forward</b>		<b>3,698</b>	<b>25,198</b>	<b>28,896</b>	<b>27,379</b>
<b>Total Funds Carried Forward</b>	11	<u><b>£ 4,182</b></u>	<u><b>£ 26,074</b></u>	<u><b>£ 30,256</b></u>	<u><b>£ 28,896</b></u>

**Sonshine Club**

**Balance Sheet at 30 September 2015**

	Notes	2015 £	2014 £
<b>Fixed Assets</b>			
Tangible Assets	7	<u>354</u>	<u>449</u>
		354	449
<b>Current Assets</b>			
Cash at Bank and in Hand		<u>30,182</u>	<u>28,697</u>
		30,182	28,697
<b>Creditors</b> : Amounts falling due within one year	9	<u>(280)</u>	<u>(250)</u>
<b>Net Current Assets</b>		<u>29,902</u>	<u>28,447</u>
<b>Total Assets less Current Liabilities</b>		<u>30,256</u>	<u>28,896</u>
<b>Net Assets</b>	10	<u><b>£ 30,256</b></u>	<u><b>£ 28,896</b></u>
<b>Restricted Funds</b>	11	26,074	25,198
<b>Unrestricted Funds</b>	12	<u>4,182</u>	<u>3,698</u>
<b>Total Funds</b>		<u><b>£ 30,256</b></u>	<u><b>£ 28,896</b></u>

Approved by the Trustees on 23 December 2015, and signed on behalf of them all.

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Mr. Salo Heimann  
Trustee

The notes on pages 6 to 8 form part of these accounts.



## Sonshine Club

### Notes To The Accounts - 30 September 2015

#### 1) Principal Accounting Policies

##### **Basis of Accounting**

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2005, and the Financial Reporting Standard for Smaller Entities (effective April 2008), and follow the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued October 2005 and updated May 2008).

##### **Cash Flow**

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

##### **Donations and Fund Accounting**

Donations received for the general and main purposes of the Charity is included as unrestricted funds in the Statement of Financial Activities when receivable.

Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the Trustees.

##### **Tangible Fixed Assets**

Depreciation is provided after taking into account of any grants receivable at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and Fitting	25% on net book value
Durable Tools	25% on net book value
Durable Equipment	25% on net book value

##### **Resources Expended**

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted Funds £	Restricted Funds £	Total 2015 £	2014 £
<b>2) Incoming Funds</b>	1,464		1,464	1,210
Awards 4 All		0	0	10,000
BBC Children In Need		4,388	4,388	7,363
City Bridge Trust		9,900	9,900	0
Sport England /Community Sport Activation Fund		11,855	11,855	3,900
Freesport Fund GLA		1,500	1,500	0
London Borough of Hackney GHH		3,240	3,240	0
London Catalyst		0	0	2,000
London Youth / Sportivate		1,900	1,900	0
The Panton Trust		1,000	1,000	1,000
The Shores Charitable Trust		3,000	3,000	3,000
Young Hackney		8,970	8,970	8,970
Youth Opportunity Fund		<u>3,261</u>	<u>3,261</u>	<u>0</u>
	<u>1,464</u>	<u>49,014</u>	<u>47,217</u>	<u>37,443</u>
	<b><u>£ 1,464</u></b>	<b><u>£ 49,014</u></b>	<b><u>£ 50,478</u></b>	<b><u>£ 37,443</u></b>

## Sonshine Club

### Notes To The Accounts - 30 September 2015

<b>3) Analysis of Total Resources Expended</b>	Unrestricted Funds	Restricted Funds	Total 2015 £	Total 2014 £
<b>Charitable Activities</b>				
Cost of Activities In Furtherance of the Charity's Objects				
Charitable Activities				
Activity Cost		4,710	4,710	2,971
Administration		2,334	2,334	1,307
Advertising and Publicity		2,157	2,157	1,133
Consultancy		1,642	1,642	1,894
Depreciation		95	95	121
Equipment		2,958	2,958	2,453
Insurance		237	237	237
Material		6,803	6,803	6,224
Premises Hire		7,348	7,348	5,547
Printing, Postage and Stationery		1,358	1,358	1,770
Refreshment		1,624	1,624	1,284
Staff Costs		6,000	6,000	4,200
Telephone		1,043	1,043	811
Training		1,993	1,993	1,043
Transport		2,450	2,450	1,600
Volunteer Expenses		3,250	3,250	2,781
Website		<u>2,136</u>	<u>2,136</u>	<u>0</u>
Total Charitable Activities	0	48,138	48,138	35,376
Total Cost of Activities In Furtherance of the Charity's Objects	<u>£ 0</u>	<u>£ 48,138</u>	<u>£ 48,138</u>	<u>£ 35,376</u>
<b>4) Cost of Generating Funds</b>			<u>£ 200</u>	<u>£ 200</u>
<b>5) Governance Costs</b>				
Accountancy	280		280	250
Legal	<u>500</u>		<u>500</u>	<u>100</u>
	<u>£ 780</u>	<u>£ 0</u>	<u>£ 780</u>	<u>£ 350</u>
<b>6) Taxation</b>				
The Charity is exempt from taxation on its charitable activities.				

**Sonshine Club**  
**Notes To The Accounts - 30 September 2015**

8) The average number of Employees during the year, on a full time equivalent basis was 2015      2014  
1            1

No Employee was paid above £60,000 per year.

**7) Tangible Fixed Assets**

	Fixtures and Fittings	Durable Tools	Durable Equipment	Total
	£	£	£	£
Cost or valuation				
At 30 September 2014	689	963	543	2,195
Additions	0	0		0
Disposals	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
At 30 September 2015	689	963	<u>543</u>	2,195
Depreciation				
At 30 September 2014	648	614	484	1,746
Charge for the year	<u>10</u>	<u>70</u>	<u>15</u>	<u>95</u>
At 30 September 2015	<u>658</u>	<u>684</u>	<u>499</u>	1,841
Valuation				
30 September 2015	<u>£ 31</u>	<u>£ 279</u>	<u>£ 44</u>	<u>£ 354</u>
30 September 2014	<u>£ 41</u>	<u>£ 349</u>	<u>£ 59</u>	<u>£ 449</u>

**9) Creditors: Amounts falling due within one year**

	2015	2014
	£	£
Accruals	280	250
	<u>£ 280</u>	<u>£ 250</u>

**10) Creditors: Amounts falling due after more than one year**

	2015	2014
	£	£
Bank Loans and Overdrafts	0	0
Debt due after more than one year	<u>£ 0</u>	<u>£ 0</u>

**10) Net Assets of The Charity's Funds**

	Fixed Assets	Net Current Assets	Long Term Liabilities	Fund Balances
	£	£	£	£
Unrestricted Funds	0	3,828	0	3,828
<b>Total Funds</b>	<u>£ 354</u>	<u>£ 29,902</u>	<u>£ 0</u>	<u>£ 30,256</u>

**11) Restricted Funds : Movements In The Year**

Balance at 30 September 2014	Income	Expended	Transfer To /(From) Reserves	Balance at 30 September 2015
£	£	£		£
25,198	49,014	48,138	0	26,074
<b>Total Funds</b>	<u>£ 25,198</u>	<u>£ 49,014</u>	<u>£ 0</u>	<u>£ 26,074</u>

**12) Unrestricted Funds : Movements In The Year**

Balance at 30 September 2014	Income	Expended	Transfer To /(From) Reserves	Balance at 30 September 2015
£	£	£		£
3,698	1,464	980	0	4,182
<b>Total Funds</b>	<u>£ 3,698</u>	<u>£ 1,464</u>	<u>£ 0</u>	<u>£ 4,182</u>

**Accountants Report to the Trustees on the Unaudited Accounts of the Charity  
Sonshine Club  
For the Year Ended 30 September 2015**

We report on the financial statements of Sonshine Club for the Year Ended 30 September 2015 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued October 2005 and updated May 2008), and the Financial Reporting Standard for Smaller Entities (effective April 2008), and the accounting policies set out therein.

**Respective Responsibilities Of Trustees and Reporting Accountants**

As described on page 3, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

**Basis of Accountant's Report**

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

These procedures provide only the assurance expressed in our opinion.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

**Opinion**

In our opinion, no matter has come to our attention,

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements
  - a) to keep accounting records in accordance with section 130 of the Act; and
  - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or
  
- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 23 December 2015

**Reporting Accountant**

Carl Rosen ACCA  
50 Craven Park Road  
South Tottenham  
London N15 6AB