



Report and financial statements

For the year ended 30 September

2014

Sonshine Club

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Sonshine Club

Trustees

Mrs. Sarah Bard
Mr. Salo Heimann
Mrs. Minka Weissberger
Mrs. Rachel Gruber

Administration Address

Mrs. Rachel Gruber
9 Watermint Quay
Craven Walk
London
N16 6DN

Charity Number 1124803

Accountants

Carl Rosen ACCA
50 Craven Park Road
South Tottenham
London N15 6AB

Sonshine Club

Report of the Trustees

The Trustees present their annual report with accounts of the Charity for the Year 30th September 2014.

Status and Administration

Sonshine Club is constituted by trust deed, dated 28 May 2008 and is a Registered Charity.

Trustees

The Trustees in office throughout the year were

Mrs. Sarah Bard
Mr. Salo Heimann
Mrs. Minka Weissberger

No trustee has any beneficial interest in the Charity and all gave their time voluntarily.

Performance and Achievements of the Charity

With the generous support of our dedicated funders, we were able to continue running some of our ever popular activities to continue to meet the needs of our users.

Gardening Project

This has been a successful season for the Gardening Club. Each week approximately 60 young people have been hard at work planting and growing their own vegetables and enjoying the healthy exercise involved in tending to the plot in the beautiful surroundings of Springfield Park.

Participants once again grew a wide range of vegetables and learnt about living an eco-friendly lifestyle.

We are proud to state that we have been part of the London wide campaign 'Bake Your Own Lawn'. This campaign had our motivated young people planting spring wheat, harvesting it and then excitedly milling it in a grinder and afterwards kneading their own healthy dough, to bake their own tasteful and delicious whole-wheat bread!!

We've also enjoyed taking part in learning activities using some of the beautiful natural features of the park to enhance the young people's environmental awareness.

This projects continues to run as an inter-generational project where elderly community members work as volunteers to lead the sessions for the young people. Bridges have been built and relationships have developed between the young and the old. The success of this project has enabled the older volunteers to become more communally active, which has helped to prevent them from becoming socially isolated and bored. Young and old benefit continue to benefit from this innovative initiative.

Motors Skills Groups

We continue to provide Motor Skills groups for children with gross and fine motor developmental delay. These groups, which are run by professionals, provide specialist input and are structured in a way that the children are eventually able to move on and join mainstream sport activities. The success of this project has proven itself repeatedly and we have had some great case studies which portray the impact that these groups make on participants.

Young people volunteer on this project and gain work and leadership experience.

We continue to contract therapists from the National Health Service, thereby creating an important partnership.

Sonshine Club

Report of the Trustees

Happy to B Active

The Sonshine Club tries to tackle the barriers highlighted by the Medical Research Council and the Department of Health through a range of initiatives aimed at families with young children. It acknowledges that while there is a high level of awareness of the importance of good diet and physical activity, some parents need additional support to transfer awareness into action. The initiatives, keep fit and yoga classes, are designed to give parents the support and tools they need to recognise when they or their children are overweight and to tackle the problem.

The Happy 2B active initiative is about providing support when and where it's required and in a way that people will respond to, and this includes offering activities to include parents in order to offer a family approach to healthy lifestyles.

Social Skills

At the end of this financial year we launched our newest project of 'Learning Social Skills through Drama'. We provided this extra service as a direct response to the demands of our users. This has been an exciting pilot project and we are looking forward to hearing the outcomes of how this project has benefited the service users.

Future Plans

We will continue with our vision of offering high quality health and well-being projects to the community whilst listening to users' feedback and keeping past successful projects sustainable. All participants benefited from the range of recreational activities with their peers in a stimulating and interactive group environment.

We would like to bestow our heartfelt thanks to the Trustees and their families for giving away countless hours for the benefit of the public, all voluntarily and so unassuming. The Sonshine club would not be able to continue their work without their tremendous input.

We remain incredibly grateful to all our loyal funders and supporters who appreciate our potential and graciously support us.

Sonshine Club
Report of The Trustees

Reserves Policy

The Trustees aim to maintain unrestricted funds, which are the free reserves of the Charity at a level of at least three months running costs.

Risk Assessment

The Charity has identified and assessed the major risks to which it is exposed, in particular those of safety and protection of the vulnerable young adults whilst in the Charity's care as well as the finances of the Charity. The Charity is satisfied that systems are in place and routinely assessed including procedures for Child Protection, Health and Safety, Vulnerable Adults Policy and Financial Management and Controls.

Responsibilities of the Trustees

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet, date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the Trustees should follow best practice and:

- a) Select suitable accounting policies and the apply them consistently.
- b) Make judgements and estimates that are reasonable and prudent.
- c) Follow applicable accounting standards and the Charities SORP October 2005, updated May 2008 disclosing and explaining any departures in the financial statements.
- d) Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

Board Of Trustees

The members of the Board Of Trustees are set out on Page 1.

Approved by The Trustees of on 25 August 2015
and signed on behalf of them all.

Trustee
Mrs. Sarah Bard

Sonshine Club

Statement Of Financial Activities

For The Year Ended 30 September 2014

	Notes	Unrestricted Funds £	Restricted Funds £	2014 Total Funds £	2013 Total Funds £
INCOMING RESOURCES					
Activities to further the Charity's Objects	2	1,210	36,233	37,443	48,665
Interest Income		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Total Incoming Resources		<u>1,210</u>	<u>36,233</u>	<u>37,443</u>	<u>48,665</u>
Total Incoming Resources		1,210	36,233	37,443	48,665
RESOURCES EXPENDED					
Cost of Generating Funds		<u>1,064</u>	<u>0</u>	<u>1,064</u>	<u>0</u>
Net Incoming Resources Available For Charitable Application		146	36,233	36,379	48,665
Cost of Activities In Furtherance of the Charity's Objects	3	0	34,512	34,512	31,743
Governance Costs	5	<u>350</u>	<u>0</u>	<u>350</u>	<u>250</u>
Total Charitable Expenditure		350	34,512	34,862	31,993
Total Resources Expended	3	<u>1,414</u>	<u>34,512</u>	<u>35,926</u>	<u>31,993</u>
Net Movement In Funds		(204)	1,721	1,517	16,672
Transfer To / (From) Reserves		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Net Reserves for the Year		<u>(204)</u>	<u>1,721</u>	<u>1,517</u>	<u>16,672</u>
Total Funds Brought Forward		3,902	23,477	27,379	10,707
Total Funds Carried Forward	11	<u>£ 3,698</u>	<u>£ 25,198</u>	<u>£ 28,896</u>	<u>£ 27,379</u>

Sonshine Club

Balance Sheet at 30 September 2014

	Notes	2014 £	2013 £
Fixed Assets			
Tangible Assets	7	449	570
		449	570
Current Assets			
Cash at Bank and in Hand		28,697	27,059
		28,697	27,059
Creditors : Amounts falling due within one year	9	(250)	(250)
Net Current Assets		28,447	26,809
Total Assets less Current Liabilities		28,896	27,379
Net Assets	10	<u>£ 28,896</u>	<u>£ 27,379</u>
Restricted Funds	11	25,198	23,477
Unrestricted Funds	12	3,698	3,902
Total Funds		<u>£ 28,896</u>	<u>£ 27,379</u>

Approved by the Trustees on 25 August 2015, and signed on behalf of them all.

Mrs. Minka Weissberger
Trustee

The notes on pages 6 to 8 form part of these accounts.

Sonshine Club

Notes To The Accounts - 30 September 2014

1) Principal Accounting Policies

Basis of Accounting

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2005, and the Financial Reporting Standard for Smaller Entities (effective April 2008), and follow the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued October 2005 and updated May 2008).

Cash Flow

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

Donations and Fund Accounting

Donations received for the general and main purposes of the Charity is included as unrestricted funds in the Statement of Financial Activities when receivable.

Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the Trustees.

Tangible Fixed Assets

Depreciation is provided after taking into account of any grants receivable at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and Fittings	25% on net book value
Durable Tools	25% on net book value
Durable Equipment	25% on net book value

Resources Expended

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted Funds £	Restricted Funds £	Total 2014 £	2013 £
2) Incoming Funds				
Fees Total	1,210		1,210	1,747
Grants Received				
Awards 4 All		10,000	10,000	8,870
BBC Children In Need		7,363	7,363	8,000
Community Sport Activation Fund		3,900		
Haringey Youth Fund		0	0	4,040
London Catalyst		2,000	2,000	
Lloyds TSB Foundation		0	0	7,800
Macabee		0	0	1,500
The Panton Trust		1,000	1,000	1,000
The Shores Charitable Trust		3,000	3,000	3,000
Young Hackney		<u>8,970</u>	<u>8,970</u>	<u>12,708</u>
Grant Total	<u>1,210</u>	<u>36,233</u>	<u>33,543</u>	<u>48,665</u>
Total Income Generated	<u>£ 1,210</u>	<u>£ 36,233</u>	<u>£ 37,443</u>	<u>£ 48,665</u>

Sonshine Club

Notes To The Accounts - 30 September 2014

3) Analysis of Total Resources Expended	Unrestricted Funds	Restricted Funds	Total 2014 £	Total 2013 £
Charitable Activities				
Cost of Activities In Furtherance of the Charity's Objects				
Charitable Activities				
Activity Cost		2,971	2,971	2,551
Administration		1,307	1,307	1,237
Advertising and Publicity		1,133	1,133	1,500
Consultancy		1,894	1,894	915
Depreciation		121	121	154
Equipment		2,453	2,453	2,290
Insurance		237	237	176
Material		6,224	6,224	5,084
Premises Hire		5,547	5,547	6,268
Printing, Postage and Stationery		906	906	342
Refreshment		1,284	1,284	1,050
Staff Costs		4,200	4,200	4,795
Telephone		811	811	950
Training		1,043	1,043	431
Transport		1,600	1,600	1,200
Volunteer Expenses		<u>2,781</u>	<u>2,781</u>	<u>2,800</u>
 Total Charitable Activities		 0	 34,512	 31,743
 Total Cost of Activities In Furtherance of the Charity's Objects		 <u>£ 0</u>	 <u>£ 34,512</u>	 <u>£ 31,743</u>
 5) Governance Costs				
Accountancy		250	250	250
Legal		<u>100</u>	<u>100</u>	<u>0</u>
		<u>£ 350</u>	<u>£ 0</u>	<u>£ 250</u>
 6) Taxation				
The Charity is exempt from taxation on its charitable activities.				

Sonshine Club
Notes To The Accounts - 30 September 2014

8) The average number of Employees during the year, on a full time equivalent basis was 2014 2013
1 1

No Employee was paid above £60,000 per year.

7) Tangible Fixed Assets

	Fixtures and Fittings	Durable Tools	Durable Equipment	Total
	£	£	£	£
Cost or valuation				
At 30 September 2013	689	963	543	2,195
Additions	0	0		0
Disposals	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
At 30 September 2014	689	963	<u>543</u>	2,195
Depreciation				
At 30 September 2013	634	527	464	1,625
Charge for the year	<u>14</u>	<u>87</u>	<u>20</u>	<u>121</u>
At 30 September 2014	<u>648</u>	<u>614</u>	<u>484</u>	1,746
Valuation				
30 September 2014	<u>£ 41</u>	<u>£ 349</u>	<u>£ 59</u>	<u>£ 449</u>
30 September 2013	<u>£ 55</u>	<u>£ 436</u>	<u>£ 79</u>	<u>£ 570</u>

9) Creditors: Amounts falling due within one year

	2014	2013
	£	£
Accruals	<u>250</u>	<u>250</u>
	<u>£ 250</u>	<u>£ 250</u>

10) Creditors: Amounts falling due after more than one year

	2014	2013
	£	£
Bank Loans and Overdrafts	<u>0</u>	<u>0</u>
Debt due after more than one year	<u>£ 0</u>	<u>£ 0</u>

10) Net Assets of The Charity's Funds

	Fixed Assets	Net Current Assets	Long Term Liabilities	Fund Balances
	£	£	£	£
Unrestricted Funds	<u>0</u>	<u>3,249</u>	<u>0</u>	<u>3,249</u>
Total Funds	<u>£ 449</u>	<u>£ 28,447</u>	<u>£ 0</u>	<u>£ 28,896</u>

11) Restricted Funds : Movements In The Year

Balance at 30 September 2013	Income	Expended	Transfer To /(From) Reserves	Balance at 30 September 2014
£	£	£	£	£
<u>23,477</u>	<u>36,233</u>	<u>34,512</u>	<u>0</u>	<u>25,198</u>
Total Funds	<u>£ 36,233</u>	<u>£ 34,512</u>	<u>£ 0</u>	<u>£ 25,198</u>

12) Unrestricted Funds : Movements In The Year

Balance at 30 September 2013	Income	Expended	Transfer To /(From) Reserves	Balance at 30 September 2014
£	£	£	£	£
General Reserves	<u>1,210</u>	<u>1,414</u>	<u>0</u>	<u>3,698</u>
Total Funds	<u>£ 1,210</u>	<u>£ 1,414</u>	<u>£ 0</u>	<u>£ 3,698</u>

**Accountants Report to the Trustees on the Unaudited Accounts of the Charity
Sonshine Club
For the Year Ended 30 September 2014**

We report on the financial statements of Sonshine Club for the Year Ended 30 September 2014 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued October 2005 and updated May 2008), and the Financial Reporting Standard for Smaller Entities (effective April 2008), and the accounting policies set out therein.

Respective Responsibilities Of Trustees and Reporting Accountants

As described on page 3, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

Basis of Accountant's Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

These procedures provide only the assurance expressed in our opinion.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Opinion

In our opinion, no matter has come to our attention,

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements
 - a) to keep accounting records in accordance with section 130 of the Act; and
 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 25 August 2015

Reporting Accountant

Carl Rosen ACCA
50 Craven Park Road
South Tottenham
London N15 6AB