



Annual report  
and accounts

for the year ended 30 September

2021

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## Trustees

Dr Moses Lewis  
Mrs Sarah Bard  
Mr Salo Heimann  
Ms Pearl Weinberger  
Mrs Rachel Gruber

## Adminstration address

Mrs Rachel Gruber  
9 Watermint Quay  
Craven Walk  
London N16 6DN

## Charity number

1124803

## Accountants

Carl Rosen  
50 Craven Park Road  
South Tottenham  
London N15 6AB

Covid 19's impacts and restrictions were definitely felt by the Sonshine Club throughout 2021. Despite the hardships, we pushed on using all our creativity and innovation to successfully plan and run a variety of outstanding projects and activities. And also launching some new initiatives.

## In 2021 we officially launched the big 'I'

### Ideas

### Imagination

### Initiative

We learnt that no **idea** is a bad idea. Allow your **imagination** to go wild and aim for the stars to meet users' needs. Use your **initiative** to maximise potential and to capture your audience.

During lockdown we used the delivery methods and project content developed in 2020, during the height of the pandemic, and focused on delivering at-home activities.

Due to the popularity of our exciting '**home-activity kits**' we have subsequently incorporated this element into some of our programmes. Beautifully packed kits are sent home to offer age-appropriate fun and educational stimulation.

As Covid restrictions eased, we were able to continue with many of our core activities:

### Cycling

### Gardening community club

### Football club

### Art group

### Motor skills programme

As usual, the activities attracted children with differing levels of abilities and needs. The children attending these activities all received vital assistance with developing their gross and fine motor skills, social and life learning skills, as well as increased mental health and wellbeing. This being more important than ever after living for so long with Covid restrictions.

We are pleased to report that many children have now been able to move on to participate in mainstream sports and other social environments.

## Back to building back better!

Sonshine Club is constantly improving and offering new things. Our activities have expanded and are now wider ranging, and certainly above pre-Covid levels.

## Support group for parents

As detailed previously, last year Sonshine Club was determined to set up a Support Group for parents of disabled children. We are pleased to report that we have managed to do so this year with the generous assistance of the *Assura – Cheshire Foundation* and the *Postcode Lottery Trust* who have helped fund the group.

20-30 parents now meet regularly at a local venue to discuss an agreed relevant topic over a light lunch. Topics include mental health and wellbeing as well as professional workshops on child development and associated issues. Parents also exchange ideas and a wide-range of knowledge and experience is passed around at these groups. This assists parents when dealing with their children's challenges and different behaviours.

## Meeting the needs of NEET (*not in education, employment or training*)

Although this term is generally applied to 16–24 year-olds, there are some children as young as 12, who due to the pandemic, found themselves falling out of the educational system. We have made it a priority to assist these young people to continue their education and have stepped in to help develop their social and physical skills and further their general wellbeing during this gap until they are transitioned back to school.

## Snoezelen room/ lending library for children

The Sonshine Club, with funding support from the *Clothworkers Trust* and *Jewish Childs Day*, has hired a venue and set it up with a new facility with speciality sensory equipment. The facility is available to all families with a disabled child.

The facility offers a *Snoezelen* environment, (a concept first developed in the Netherlands and used widely in the Netherlands and Germany). *Snoezelen* offers 'a controlled, multisensory environment' and is a proven therapy for people with autism and other developmental issues to regulate themselves from anxiety etc.

The children come to congregate and feel safe and comfortable here. They can either use specially designed equipment that they would not normally have access to at home, or they can

choose to play with the toys or relax with a book! Children can also borrow toys and books from the lending library for a period of 6 week at a time.

### **Advising, mentoring and sharing through social enterprise**

In relation to the above, during our recent financial year, we have advised and helped organise eight external organisations in planning an activity, programme or event for their beneficiaries.

We constantly share ideas and activities with 12 local schools as well as four schools in Barnet. In total 24 schools and organisations have been buying in services from Sonshine Club thus generating an increased income to the club.

We remain extremely grateful to trustees, funders and supporters for connecting us from 2021 to 2022 successfully!

### **Reserves policy**

The trustees aim to maintain unrestricted funds, which are the free reserves of the Charity at a level of at least three months running costs.

### **Risk assessment**

The charity has identified and assessed the major risks to which it is exposed, in particular those of safety and protection of the vulnerable young adults whilst in the charity's care as well as the finances of the charity. The charity is satisfied that systems are in place and routinely assessed including procedures for Child Protection, Health and Safety, Vulnerable Adults Policy and Financial Management and Controls.

### **Responsibilities of the trustees**

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet, date, and of its incoming resources, including income and expenditure for the financial year.

In preparing those financial statements, the trustees should follow best practice and:

a) Select suitable accounting policies and the apply them consistently.

b) Make judgements and estimates that are reasonable and prudent.

c) Follow applicable accounting standards and the Charities SORP 2015, disclosing and explaining any departures in the financial statements.

d) Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law.

The trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.

One of our trustees, Mrs Weissberger, has resigned from her position. We would like to thank her for all her efforts that she has invested in our organisation, and we wish her the best of luck for the future. She has been replaced by Miss Pearl Weinberg who will be representing the young people.

### **Board of trustees**

The members of the board of trustees are set out on Page 3.

Approved by the trustees of on 24 February 2022 and signed on behalf of them all.



**Mrs Sarah Bard**  
Trustee

# Statement of financial activities for the year ended 30 September 2021



	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>Incoming resources</b>					
Activities to further the charity's objects	2	22,736	70,103	92,839	46,880
Interest income		0	0	0	0
<b>Total incoming resources</b>		<b>22,736</b>	<b>70,103</b>	<b>92,839</b>	<b>46,880</b>
<b>Total incoming resources</b>		<b>22,736</b>	<b>70,103</b>	<b>92,839</b>	<b>46,880</b>
<b>Resources expended</b>					
Cost of generating funds		2,300	0	2,300	2,000
<b>Net incoming resources available for charitable application</b>		<b>20,436</b>	<b>70,103</b>	<b>90,539</b>	<b>44,880</b>
Cost of activities In furtherance of the charity's objects	3	0	64,189	64,189	74,995
Governance costs	5	836	0	836	450
<b>Total charitable expenditure</b>		<b>836</b>	<b>64,189</b>	<b>65,025</b>	<b>75,445</b>
<b>Total resources expended</b>	3	<b>3,136</b>	<b>64,189</b>	<b>67,325</b>	<b>77,445</b>
<b>Net movement in funds</b>		<b>19,600</b>	<b>5,914</b>	<b>25,514</b>	<b>(30,565)</b>
Transfer to/(from) reserves		0	0	0	0
<b>Net reserves for the year</b>		<b>19,600</b>	<b>5,914</b>	<b>25,514</b>	<b>(30,565)</b>
<b>Total funds brought forward</b>		<b>26,266</b>	<b>0</b>	<b>26,266</b>	<b>56,831</b>
<b>Total funds carried forward</b>	13	<b>£ 45,866</b>	<b>£ 5,914</b>	<b>£ 51,780</b>	<b>£ 26,266</b>

# Balance sheet at 30 September 2021



	Notes	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	8	67	89
		67	89
<b>Current assets</b>			
Cash at bank and in hand		52,213	26,717
		52,213	26,717
<b>Creditors</b>			
Amounts falling due within one year	9	( 500 )	( 540 )
<b>Net current assets</b>		51,713	26,177
<b>Total assets less current liabilities</b>		51,780	26,266
<b>Net assets</b>	11	<b>£ 51,780</b>	<b>£ 26,266</b>
<b>Restricted funds</b>	12	5,914	0
<b>Unrestricted funds</b>	13	45,866	26,266
<b>Total funds</b>		<b>£ 51,780</b>	<b>£ 26,266</b>

Approved by the trustees on 24 February 2022, and signed on behalf of them all.

*S. Bard*

**Mrs Sarah Bard**  
Trustee

The notes on pages 8 to 10 form part of these accounts.

## 1) Principal accounting policies

### Basis of accounting

The Accounts have been prepared under the historical cost convention in accordance with the Charities Act (Accounts and Reports) 2011, and the Financial Reporting Standard for Smaller Entities 102, and follow the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (effective from April 2015).

### Cash flow

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

### Donations and fund accounting

Donations received for the general and main purposes of the charity is included as unrestricted funds in the Statement of Financial Activities when receivable. Donations and grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the trustees.

### Tangible fixed assets

Depreciation is provided after taking into account of any grants receivable at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings:	Durable tools:	Durable equipment:
25% on net book value	25% on net book value	25% on net book value

### Resources expended

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements. The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<b>2) Incoming funds</b>				
Donations	19,290		19,290	4,151
HMRC Furlough Funding		4,740	4,740	2,107
Arnold Clark		1,000	1,000	0
BBC Children In Need		0	0	6,439
Children Contribution	3,446		3,446	800
Awards 4 All – Covid 19 Response		9,337	9,337	0
Donald Forrester		4,950	4,950	0
Didymus		4,950	4,950	0
Finnis Scot		1,000	1,000	0
Jewish Childs Day		5,000	5,000	0
LB Hackney		0	0	20,533
Little Lives UK		1,450	1,450	0
Magdalan Hospital		2,000	2,000	0
People's Health Trust		6,044	6,044	0
PWC YCSF		2,000	2,000	0
Shoresh Charitable Trust		500	500	1,500
Skipton Foundation		0	0	1,750
The Adamson Trust		1,000	1,000	0
The Clothworker's Trust		5,600	5,600	0
The Toy Trust		1,032	1,032	0
UK Youth		10,000	10,000	0
Young Hackney		9,500	9,500	9,600
	22,736	70,103	92,839	46,880
	<b>£ 22,736</b>	<b>£ 70,103</b>	<b>£ 92,839</b>	<b>£ 46,880</b>

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<b>3) Analysis of total resources expended charitable activities</b>				
Cost of activities in furtherance of the charity's objects				
<b>Charitable activities</b>				
Activity cost		6,785	6,785	10,898
Administration		1,369	1,369	3,217
Advertising and publicity		4,681	4,681	6,589
Books		150	150	141
Cleaning		400	400	0
Consultancy		3,688	3,688	1,843
Depreciation		22	22	29
Design		621	621	240
Equipment		5,702	5,702	4,377
Insurance		292	292	250
Legal		112	112	0
Material and activity packs		6,332	6,332	10,733
New computer system		2,000	2,000	2,313
Office rental		2,494	2,494	2,393
PPE and Covid		1,600	1,600	259
Premises hire		4,088	4,088	5,120
Printing, postage and stationery		3,547	3,547	5,680
Refreshment and food parcels		2,652	2,652	3,687
Staff costs		9,882	9,882	7,955
Telephone		1,305	1,305	1,016
Training		1,443	1,443	1,308
Transport		1,117	1,117	3,128
Volunteer expenses		3,807	3,807	3,819
Website		100	100	0
Total charitable activities	0	64,189	64,189	74,995
Total cost of activities in furtherance of the charity's objects	£ 0	£ 64,189	£ 64,189	£ 74,995

<b>4) Cost of generating funds</b>			£ 2,300	£ 2,000
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<b>5) Governance costs</b>				
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Accountancy	836		836	450
Legal	0		0	0
	£ 836	£ 0	£ 836	£ 450

<b>6) Taxation</b>				
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The charity is exempt from taxation on its charitable activities.

<b>7) The average number of employees during the year, on a full time equivalent basis was:</b>			2021	2020
			2	1

No employee was paid above £60,000 per year.

**8) Tangible fixed assets**

	Fixtures and fittings £	Durable tools £	Durable equipment £	Total £
<i>Cost or valuation</i>				
At 30 September 2020	689	963	543	2,195
Additions	0	0		0
Disposals	0	0	0	0
At 30 September 2021	689	963	543	2,195
<i>Depreciation</i>				
At 30 September 2020	681	893	532	2,106
Charge for the year	2	17	3	22
At 30 September 2021	683	910	535	2,128
<i>Valuation</i>				
30 September 2021	£ 6	£ 53	£ 8	£ 67
30 September 2020	£ 8	£ 70	£ 11	£ 89

**9) Creditors: amounts falling due within one year**

	2021 £	2020 £
Accruals	500	540
	<b>£ 500</b>	<b>£ 540</b>

**10) Creditors: amounts falling due after more than one year**

	2021 £	2020 £
Bank loans and overdrafts	0	0
Debt due after more than one year	£ 0	£ 0

**11) Net assets of the charity's funds**

	Fixed assets £	Current assets £	Long term liabilities £	Fund balances £
<b>Unrestricted funds</b>	0	45,799	0	45,799
<b>Total funds</b>	<b>£ 67</b>	<b>£ 51,713</b>	<b>£ 0</b>	<b>£ 51,780</b>

**12) Restricted funds: movements in the year**

	Balance at 30 September 2020 £	Income £	Expended £	Transfer to/from reserves £	Balance at 30 September 2021 £
	0	70,103	64,189	0	5,914
<b>Total Funds</b>	<b>£ 0</b>	<b>£ 70,103</b>	<b>£ 64,189</b>	<b>£ 0</b>	<b>£ 5,914</b>

**13) Unrestricted funds: movements in the year**

	Balance at 30 September 2020 £	Income £	Expended £	Transfer to/from Reserves £	Balance at 30 September 2021 £
General reserves	26,266	22,736	3,136	0	45,866
<b>Total funds</b>	<b>£ 26,266</b>	<b>£ 22,736</b>	<b>£ 3,136</b>	<b>£ 0</b>	<b>£ 45,866</b>

**14) Related party transactions**

No trustee nor any person connected with them received any remuneration, or claimed any expense, during the year, from this or any related charity.

There were no related party transactions in the year.

We report on the financial statements of Sonshine Club for the year ended 30 September 2021 which comprise the statement of financial activities, the balance sheet and the related notes. These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

#### **Respective responsibilities of trustees and reporting accountants**

As described on page 5, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 144 of the Act, whether particular matters have come to our attention.

#### **Basis of accountant's report**

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. These procedures provide only the assurance expressed in our opinion. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

#### **Opinion**

In our opinion, no matter has come to our attention,

1) which gives us reasonable cause to believe that, in any material respect, the requirements  
a) to keep accounting records in accordance with section 130 of the Act; and  
b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

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2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 24 February 2022

#### **Reporting Accountant**

Carl Rosen  
50 Craven Park Road  
South Tottenham  
London N15 6AB

