



Rieva's story

Rieva struggled in many areas and lagged behind her peers in all areas of her gross and fine motor development. Additionally Rieva did not enjoy PE in school and refused to participate, she found a large group of children too challenging an environment to even try.

When Rieva began attending motor skills groups it was clearly apparent that she was struggling. However, in the small and specialised setting she agreed to attempt the activities. Additionally the trained therapist worked to build Rieva's self-esteem in the areas that she could achieve – remembering things from previous sessions and demonstrating them to the group. In the small setting Rieva, who is shy, blossomed and joined in all the activities to the best of her ability. Very soon improvements could be seen as Rieva learnt to hop and gained fluidity and with her newly gained confidence she finally joined in at school.

At home her mother reported Rieva finally began attempting to close her shoelaces. She also wanted to start eating with a knife and fork having learnt to do in session and when visiting the playground Rieva agreed to attempt the climbing equipment which she previously would not do. All-in-all her mother reports that attending motor skills was a turning point in Rieva's life.

